


No.DMHS/AYUSH/IYD/2016-17/5345  
The UT Administration of Daman & Diu,  
Directorate of Medical & Health Services,  
Community Health Centre,  
Moti Daman-396220

Dt: - 27/06/2016

**OFFICE ORDER**

The Health Department, UT of Daman & Diu is organizing Yoga classes twice a week for public at large by the Trainer at AYUSH Hospital, Kachigam. The classes shall be conducted every Tuesday 9.00 am to 12.00 noon & 3.00 pm to 5.00 pm and on Saturday 9.00 am to 12.00 noon.

This is for information and necessary action please.

  
(Dr.K.Y.Sultan) 27/6/16  
Director Medical & Health Services  
UT of Daman & Diu

To,

- 1) The Med Supt – Govt. Hospital , Marwad, Daman
- 2) The Dy. Director – DMHS
- 3) The District Informatics officer, NIC, Daman with a request to publish the same on the official website.
- 4) The I/C Medical Officer - CHC Moti Daman
- 5) The I/C Medical Officer – PHC Kachigam to make necessary arrangements for training of Yoga
- 6) The PHC, Bhimpore / PHC, Dabhel, Daman.
- 7) The PHN / HE / LHV / EE, Daman.